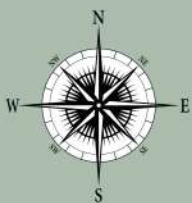


SPRINT - 750m
TEMPTA - 300m
KIDS - 100m



SWIM



SPRINT - 5km
TEMPTA - 2.5km
KIDS - 0.5km

RUN